## Steps for locating UHC in network medical providers

- 1. Go to <a href="https://www.welcometouhc.com">www.welcometouhc.com</a> to look for in network providers.
- 2. Use the down arrow on "What do you want to do," to choose "find a network doctor or hospital"
- 3. The next page asks for the plan name. Select, Choice Plus.
- 4. On the next page, change the location if it does not display the location you want.
- 5. Then you can type a specific name in the search box or search by one of the category choices.

## **Locating Mental Health Providers**

These providers are listed in a separate directory on the UHC website.

- 1. To locate the in-network providers, go to <a href="https://www.myuhc.com">www.myuhc.com</a>
- 2. On the top right-hand side of the page under "Links and Tools" click on "Find Medical and Mental Health Providers and Facilities."
- 3. Click on Mental Health Directory.
- 4. On the next page, change the location if it does not display the location you want.
- 5. Then you can type a specific name in the search box or search by one of the category choices.